



OUR COMMUNITY

UNDERSTANDING THE NEEDS OF OLDER ADULTS IN SALT LAKE COUNTY



AGING & ADULT SERVICES

A Division within the Human Services Department of Salt Lake County

Our goal is to help older adults stay socially connected and living independently as long as possible.

***“We are champions
for older adults;
we stand with seniors
and their families.”***





WHAT IS AGING?

HOW OLD IS OLD?

WHAT AFFECTS HOW WE AGE?

- ❖ Health
- ❖ Family and community
- ❖ Socioeconomic status
- ❖ Access to Resources
- ❖ Physical environment
- ❖ Transportation accessibility
- ❖ Past or current trauma
- ❖ Abuse/Exploitation
- ❖ Housing
- ❖ Special populations
 - ❖ Veterans
 - ❖ Refugees
 - ❖ LGBTQ
- ❖ Caregiving





OUR COMMUNITY

CENSUS ESTIMATES 2021

Salt Lake County

- 1.2 million residents
- 144,592 are older adults (65+)
- 25,864 are veterans aged 55 and older
- In 2035, the number of adults 65 and over will outnumber school-aged children

TOP TEN THINGS TO KNOW ABOUT AGING SERVICES IN

1. Meals on Wheels
2. Medical Transportation
3. In Home Services
4. Caregiver Support
5. Senior Centers
6. Housing
7. APS and OPG
8. Alzheimer's and Dementia
9. Neighborhood House
10. CONTACT US!





Meals on Wheels delivers hot midday meals to frail and isolated adults age 60 and older.

We assess all applicants to determine program eligibility, which is based on need. During assessment, we strive to identify other services that support independent living.

Program participants are encouraged to provide a voluntary donation of \$3.50 per meal.

Meals on Wheels is a community effort. Volunteers and donors help operate and sustain the program.

AAS NUTRITION PROGRAMS

MEALS ON WHEELS AND CONGREGATE DINING

AAS TRANSPORTATION

RIDES FOR WELLNESS

The Rides for Wellness Program provides rides for adults age 60 or older with no other means of transportation to vital medical appointments including dialysis, chemotherapy, and others.

Applicants are assessed for eligibility based on need. Participants are encouraged to provide a voluntary donation of \$3.00 per ride

AAS IN HOME SERVICES

- Aging Waiver
- The Alternatives Program
- New Choice Waiver
- Veterans Directed home and Community Based Services



Eligibility requirements vary and begin with a telephone intake. Contact our Intake Case Manager regarding options.

AAS CAREGIVER SUPPORT

The Caregiver Talking
Points

Information &
assistance

Free classes,
conferences, & events

Support groups

Consultations

Limited respite
services – a brief
period of relief for the
caregiver (must meet
eligibility requirements)



AAS SENIOR CENTERS

Salt Lake County Senior Centers offer opportunities for learning, socializing, volunteering, community engagement, and wellness for participants. Senior Centers are open to people age 60 or older. Membership is free and activities are offered at low or no-cost, or at a suggested donation.

- Lunch
- Exercise Equipment & Classes
- Entertainment
- Special Events
- Social Engagement & Support Groups
- Rental Space for Private Events (at select centers)
- Health & Wellness Classes
- Arts & Crafts
- Educational Classes

HOUSING FOR OLDER ADULTS

Challenges Facing Homeless Older Adults

- Limited/fixed income, unable to adjust to rising rent prices
- Multiple health issues that are difficult to diagnose, including mental
- Victimization on the streets or in congregate settings
- Unable or unwilling to access public assistance

LOW-INCOME HOUSING OPTIONS

■ **Section 8**

- Follows client
- Could apply in market rate or low-income/public housing
- Renter pays 30% income

■ **Low Income Housing Tax Credit (LIHTC)**

- Follows landlord
- Renter pays 30% income

■ **HUD Senior Housing**

- Age and income requirements

■ **Housing Authority Properties**

- Demographic and income requirements

ADULT PROTECTIVE SERVICES (APS) AND OFFICE OF PUBLIC GUARDIAN (OPG)

Utah law (62A-3-305[opens in a new tab](#)) mandates any person who has reason to believe that a vulnerable adult is being abused, neglected, or exploited must immediately notify Adult Protective Services or the nearest law enforcement office.

- Physical and Sexual Abuse
- Emotional and Verbal Abuse
- Caretaker Neglect
- Self Neglect
- Exploitation

The Office of Public Guardian (OPG) provides guardianship and conservatorship services for adults* who are unable to make basic life decisions for themselves due to conditions such as aging-related illness, intellectual disabilities, brain injuries and mental illness. Individuals often have no other family or friends to care for them or have been victims of abuse, neglect or exploitation. We continue to make a consistent effort to locate and reunite individuals with family members or close friends. Often they are able to assume responsibility for the individual's long-term care.

Report by telephone Monday - Friday, 8:00 am - 5:00 pm at 1-800-371-7897 or report online 24/7

ALZHEIMER'S AND DEMENTIA

The Alzheimer's Association of Utah is the premier source of information and support for Utahns living with dementia and their families and caregivers. Our statewide offices help us to provide a broad range of free programs and services, funding for Alzheimer's and dementia research, and advocacy efforts on behalf of Utahns.

Worldwide, 55 million people are living with Alzheimer's and other dementias.

Alzheimer's disease is a degenerative brain disease and the most common cause of dementia. Dementia is not a specific disease. It's an overall term that describes a group of symptoms.



24/7 Helpline: 800.272.3900

NEIGHBORHOOD HOUSE

Neighborhood House Larry H. and Gail Miller Family Foundation Adult Center is an engaging, home-like environment for individuals 18 years and older who need supervised care during the day. We're here to help your loved ones receive the emotional, cognitive, physical and social/spiritual stimulation needed to encourage independence, prevent isolation, and avoid premature placement in long-term care facilities. Caregivers also receive the much-needed respite that enables them to maintain employment and reduce stress as they know their loved one is being well cared for.

Open Monday through Friday from 7:30 am to 5:30 pm, Neighborhood House is a state licensed program that provides evidence-based recreational and therapeutic activities.



Neighborhood House
1050 West 500 South
Salt Lake City, Utah 84104
Phone 801-363-4589

AAS OUTREACH

Our Outreach Program is the first place you should call for all questions about Aging & Adult Services.

We will:

Answer questions on issues related to aging

Provide information about agencies where you can get help

Discuss eligibility and help you enroll in programs and services

Connect you with chore services (lawn care & snow removal)

Visit elderly residents in their homes to discuss options

Offer training to community organizations on the needs of aging adults

Assist with Medicare & Senior Health Insurance Program (SHIP) enrollment, questions, and problem resolution





HOW TO REFER

- Call **385-468-3200** for information and services
- Call **385-468-3240** to volunteer



THANK YOU

Paul Leggett, Division Director

