

Community Resources - Utah County

Addiction Programs

Church Counseling Resources Provo Utah Agency

Address:

1190 North 900 East
Provo, UT

Phone: 801 422-7620

Wasatch Behavioral Health

A public comprehensive behavioral health center providing a variety of services designed to meet the needs of children, youth, adults, and their families. Services include but are not limited to, individual therapy, family therapy, group therapy, substance use disorder counseling, case management, residential services, 24-hour crisis response, prevention, various resources, and more.

Phone: 801-373-4760

Website: www.wasatch.org

Aging Services

Mountainlands Association of Governments (MAG)

Utah County offers many services for Seniors, through the Mountainlands Association of Governments (MAG).

These services are divided into three categories:

- Everyday living
- Transition planning
- Community connections

Their services include:

- Meals on Wheels
- In-Home programs & Support
- Home Weatherization
- Utility Payment Assistance
- Caregiver Resources and Education
- Dementia Resources and Education
- Aging Options Counseling
- Volunteer Opportunities

Phone: 801-229-3804

Website: mountainland.org/aging

Paratransit UTA

UTA's Paratransit Service ADA program is a service of the Utah Transit Authority, for people with physical, cognitive or visual disabilities who are functionally unable to independently use the UTA fixed route bus service either all of the time, temporarily or only under certain circumstances.

Phone: 801-287-2263 or 801-882-7272

Website: www.rideuta.com/Rider-Info/Accessibility/Accessible-UTA/Paratransit-Services

Senior Companion - Utah County Health Department

Senior Companion (for Seniors Only) Utah County Health Department

The Senior Companion Program provides an opportunity for active seniors (55+) to help other seniors maintain their independence and provide support to caregivers in Utah and Wasatch counties.

- Accompany clients on necessary errands (e.g. Available for doctor appointments and grocery shopping)
- Offering friendship & companionship
- Respite care for caregivers

Volunteer Requirements:

- 55 years or older
- Serve at least one day a week, same time
- May be undocumented with some English
- Income eligible

There may be a waiting list.

Phone: 801-851-7767

Website: health.utahcounty.gov/senior-volunteers/become-a-senior-companion

Utah Valley Rides

Utah Valley Rides provides transportation services to seniors, 65 years or older and English speaking, in Utah Valley.

At this time the program serves:

- **Provo and Orem** area on Monday, Wednesday, and Friday.
- **Mapleton, Springville, and Spanish Fork** area on Tuesdays
- **Lindon, Pleasant Grove, and American Fork** area on Thursdays

Rides are scheduled in advance by approved customers on a first-come, first-served bases, with 9:00 AM being the first pick-up time and 2:00 PM being the last pick-up time. Reservations are scheduled for the hour and half hour.

This is a curb-to-curb service. Drivers meet the clients at the curb of their homes and deliver them to the curb of their destination.

The cost of the program is covered by the 5310 grants, however, customers are notified of a \$2 voluntary contribution per ride if they chose to help fund the program. All vehicles are wheelchair accessible.

Phone: 801-471-0601

Website: unitedwayuc.org/utah-valley-rides

Child Abuse

Family Haven

Family Haven (Utah Valley Family Support Center, Inc.) is a private, nonprofit organization established in July 1984 with the primary purpose of preventing and treating child abuse.

Our Mission

To build a community of healthy, happy individuals and families through education and the prevention and treatment of child abuse, trauma and other personal and family concerns.

Address:

Joy A. O'Banion Building
1255 N 1200 W
Orem, UT 84057

Phone: 801-229-1181

Fax: 801-229-2787

Email: info@family-haven.org

Website: family-haven.org

Child Care

Care About Childcare

Families can learn more about quality child care and search for care. Providers can register for training, track professional development, apply for scholarships and more!

Their website has a variety of resources to help you find quality childcare.

Additional Parent Resources:

- [Child Care Assistance](#)
- [Find Child Care](#)
- [Search Guidance](#)

- [Cost of Care](#)
- [Other Resources](#)

Website: jobs.utah.gov/occ/cac.html

Child Care Resource Agency

Child Care Resource Agency is a state program for families to receive child care referrals and family resources. We serve all families in Utah, Juab, Summit, and Wasatch counties. **You do not have to be affiliated with UVU to access our services** .

Child Care Resource Agency assists child care programs in becoming licensed and improving their quality of care. We also help our target communities to understand the importance of early childhood development and care.

Website: www.uvu.edu/child-care-resource-agency

Giant Steps Preschools

GIANT Steps is a day-treatment program for preschool-aged children diagnosed with an autism spectrum disorder either before or at the time of assessment. Our unit has six classrooms with a capacity of 12 children, serving a total of 72 preschoolers and their families (Medicaid & non-Medicaid). We have partnerships with the Alpine, Nebo, and Provo School Districts to provide Special Education services for our students. This relationship allows us to run our program in a typical school environment.

Our program runs Tuesday through Friday from 9:00 am to 3:30 pm. We follow the school district schedule throughout the school year but continue our program until the end of June. During the month of July, we provide a summer program so children are able to continue working on the things they have learned during the school year.

Locations:

Foothill Elementary 921 N. 1240 E. Orem, 84097	Wasatch Elementary TOO 1165 Birch Lane Provo, UT
Horizon School Trailer 682 W. 210 N. Saratoga Springs, 84045	Summit Center 165 S. 700 E. Springville, UT 84663

Hours of Operation:

(Tuesday – Friday)
 9:00 am - 3:30 pm

Phone: 801-226-5437

Fax: 801-227-2466

Website: www.wasatch.org/children-youth-and-family-services-ii/giant-steps

CHIP Eligibility

CHIP Health

The state of Utah is now offering a new CHIP benefit for non-citizen children called State CHIP. Children of working families may be eligible if they do not have other health insurance and cannot qualify for Medicaid or the traditional CHIP program due to citizenship status. A special open enrollment for State CHIP opened on January 1, 2024.

The goal of State CHIP is to reduce confusion and fear that may keep the children of immigrant families from accessing critical medical, dental, and mental health services. Receiving State

See the website for full details and eligibility requirements.

Website: chip.utah.gov

Citizenship

Citizenshipworks

We created Citizenshipworks to make applying for citizenship easy and accessible to all. Since launching Citizenshipworks we have helped

over 50,000 individuals understand the naturalization process and apply for citizenship.

Website: www.citizenshipworks.org

Counseling

Church Counseling Resources Provo Utah Agency

Address:

1190 North 900 East
Provo, UT

Phone: 801 422-7620

Rocky Mountain University

The Counseling Clinic offers accessible and high-quality mental health counseling services for anyone in the state of Utah, including in-person or virtual sessions at the clinic located in Provo.

Ready for a positive change? New clients call us to schedule an appointment or a FREE consultation and see the difference we can make in your life!

Phone: 801-900-3656

Website: healthclinics.rm.edu/counseling

Utah Crisis Line

The Utah Crisis Line is accessible through 988, which connects callers to the National Suicide Prevention Lifeline network and Utah's integrated crisis response system, including the Utah Crisis Line, which is staffed by certified crisis workers. It provides free, confidential, 24/7 emotional support and crisis intervention for mental health, substance use, and suicidal crises through phone, text, and online chat.

The line can help with everyday challenges as well as serious situations and offers options for those in crisis, such as connection to Mobile Crisis Outreach Teams (MCOTs) in some areas.

Phone: 988 or 800-273-TALK (8255)

Vantage Point

Vantage Point is a short-term (48 hours, may be extended for homeless youth) voluntary facility where youth ages 12-17 (10 -11-year-olds under certain circumstances) can come for a safe place. When youth are runaways, having conflict at home, high-risk, homeless, etc., they can find refuge at Vantage Point. There is no direct cost to the consumer for the services for the first 2 nights, and no insurance is necessary.

Staff have passed background checks, and there is always at least one male and one female on staff at all times. Case managers and therapists are available to discuss options and provide necessary resources to both teens and parents. We now have two Vantage Point facilities to better serve the families in our community—the original Vantage Point in Provo and Vantage Point North in American Fork.

Address:

1189 E 300 N
Provo, UT 84606

Phone: 801-373-2215

Website: www.wasatch.org/vantage-point-provo

Dental Resources - Clinics For Uninsured

Community Health Connect

Comprehensive Dental Services

At Community Health Centers of Utah, we provide a full range of dental services to ensure your oral health. Our general dentistry services include routine check-ups, cleanings, and preventive care to keep your smile healthy and bright. We emphasize the importance of dental hygiene and offer educational resources to help you maintain optimal oral health.

Restorative and Preventative Care

Our restorative care services address various dental issues, from fillings and crowns to more complex procedures. We focus on preventative care to identify and address potential problems early, helping you avoid more serious dental issues. Our goal is to provide compassionate,

comprehensive dental care for all ages.

Address:

591 South State St.
Provo, UT 84606

Phone: 801-818-3015

Website: chc-ut.org/services/dental

Dental Care for Eligible Medicaid Patients

Dental care is a covered service for Medicaid members. For information about your dental plan or to find a dental provider, visit the [Dental Coverage and Plans](#) webpage.

Benefits Include:

- Check-ups, x-rays, and cleanings every six months
- Tooth colored fillings for front teeth
- Silver fillings for back teeth
- Root canal treatment for certain teeth
- Removal of the soft inner part of the tooth (pulp) for infected baby teeth
- Pulling teeth
- Dentures, partial dentures
- Space maintainers for children with missing teeth
- Some orthodontic care for children
- Some specialty care for surgical centers for care under general anesthesia
- Emergency exams for acute onset of pain
- Crowns (porcelain and porcelain-to-metal crowns for certain populations)

Phone: 866-608-9422

Website: medicaid.utah.gov/medicaid-dental-benefits

Dental Lifeline Network

Applicants must have no means to afford dental care and must **meet ONE of the following criteria:**

- Over 65 years of age
- Permanently disabled
- Need medically necessary dental care

What to expect?

- Volunteers provide comprehensive treatment to eligible patients
- Volunteers do not provide emergency services
- Volunteers do not provide cosmetic treatment

If you have **documentation from a physician** stating that you cannot receive essential medical treatment due to your dental condition you can apply for the program even if your county is closed.

If you are a **veteran** who meets the qualifications above, please apply to the program by clicking the button below. Even if your county is closed, you may still apply.

Contact: Brandon Leviton, DLN Coordinator

Phone: 801-499-6504

Email: blevito@DentalLifeline.org

Website: dentallifeline.org/utah

Half Price Dental

We provide high quality dental care without the high price! Half Price Dental is proud to provide professional dental services for approximately half the cost of the national average. At Half Price Dental, our professionals know dental health is not just about white smiles: it's about having strong teeth and healthy gums.

Address:

1176 S 1480 W
Orem, UT 84058

Phone: 801-426-0774

Website: www.halfpricedentalclinic.com

Mountainlands Family Dental

For many individuals in the communities we serve, access to affordable and appropriate health care is limited. Our mission is to provide low-

income, uninsured, and under-insured individuals with high-quality health care. We believe that everyone in our community is benefited as access to appropriate and affordable health care is provided to those who face the most significant barriers to care.

Mon. – Fri. 8am – 5pm

Sliding scale fee

Address:

589 S. State St.
Provo, UT 84606

Phone: 801-429-2013

Website: www.mountainlands.org/dental

Smile for a Lifetime - Orthodontic Resource

At Smile for a Lifetime, our focus is to make a difference by taking action. We have a team of provider's who donate their time and talents to under-served children and youth in their communities by providing specific and tailored orthodontic treatments that last a lifetime.

Smile for a Lifetime is a national nonprofit that partners with orthodontists across the country who generously donate their services to help children in need. Once an application is submitted and meets our eligibility criteria, our team begins the process of locating a volunteer orthodontist in your local area. We do not confirm provider availability or locations because we use multiple avenues to find orthodontists willing to participate in the program. While the average wait time is typically 6 to 12 months, it can vary depending on your location. Please do not call asking about providers in your area.

Website: smileforalifetime.org

UVU Dental Hygiene Clinic

Call the clinic at 801.863.7608 to schedule an appointment. Appointments usually last 3 hours, as this is a learning environment for the student. This is why you are receiving services for a reduced price. Please remember we are a teaching institution, not a private dental office. If you do not have the time to spend with the student, this is not a good fit for you. Multiple appointments are usually necessary for completion of treatment; patients work with the same student each appointment.

Address:

987 S. Geneva Rd.
Room 141
Orem, UT 84058

Phone: 801-863-7608

Website: www.uvu.edu/dental/clinic.html

Disability

Ability 1st Utah

Since January 2001, Ability 1st Utah has been providing services to individuals with all types of disabilities and of any age to help them achieve their goal of remaining independent in their homes and active in their communities. Our organization seeks to help individuals with disabilities to remove whatever limitations they may encounter along the way and turn them into opportunities for developing their abilities to enjoy independent living lifestyles.

Phone: 801-373-5044

Website: ability1stutah.org

Driver's License (Utah) And Identificaton Cards

The Utah Driver License Division

The Utah Driver License Division has more than doubled the number of languages in which residents can be tested for a driver's license. The languages currently offered are Spanish, Tongan, Vietnamese, Mandarin, Portuguese, Arabic, Swahili, Dari, Ukrainian, Korean, French, Tagalog and Somali.

Those wishing to take the test in a language other than the current 13 can bring a translator to the test but must pay for that translator on their own.

Phone: 801-965-4437

Website: dld.utah.gov

Education

BYU Pathways

BYU-Pathway Worldwide provides an accessible path to a spiritually based degree completely online at an affordable price.

Website: www.byupathway.edu

Community Action Service - Provo

Community Action Services and Food Bank is a nonprofit organization in Provo, Utah, that provides a two-step process to solving poverty: first, to provide the resources to help stabilize the person's crisis, and then to help them rebuild their life.

Classes include - Sustainable Budgeting, Know and Grow your Credit, Get out of Debt, Saving for Your Future, The Good Tenant. Homebuyer Education.

Address:

815 South Freedom Blvd. #100
Provo, Utah

Phone: 801-373-8200

Website: www.communityactionprovo.org/services

UVU Spanish GED

UVU's free Spanish GED program prepares Spanish-speaking adults in the community with the skills needed to successfully pass the section of the GED. The focus is on the GED Math portion and the program also offers a Social Studies course.

UVU GED classes are free, and classes are 100% in Spanish. The program is open to adults 18 and older, not high school students.

Website: www.uvu.edu/partnership/spanish-ged/index.html

Employment

Department of Workforce Services - Provo

Job Support

We can help you update your resume, improve your interviewing skills and connect with the right job. Search from more than 25,000 jobs online or come into one of our statewide employment centers for one-on-one help from an employment counselor.

Job Training and Education

Assistance We provide career counseling and funding for training and education costs to help you move forward in a career that's right for you. We may be able to help you connect with apprenticeship opportunities or earn your college degree, GED, license or certificate.

Unemployment Insurance

Unemployment insurance is an insurance program that provides weekly assistance for a limited time if you lose your job for reasons that aren't your fault. It's meant to help you out until you find a new job. You may be eligible if you were laid off, had your work hours cut or worked in a seasonal or temporary position.

Address:

1550 N 200 W
Provo, Utah 84601

Phone: 801-526-0950

Website: mydoorway.utah.gov

LDS Employment Resource Center

An employment center is a place where you can go to use phones, computers, and printers for your job search. You may also work one-on-one with an employment adviser to update your resume, find job leads, and practice interview techniques.

Job search experts are trained on all aspects of a job search. They are ready to help you write or improve your resume, network with others,

prepare for an upcoming interview, design your LinkedIn profile, and much more.

Address:

702 W Columbia Ln
Provo, UT

Phone: 801-818-6161

Website: local.churchofjesuschrist.org/en/employment-services/us/ut/provo/702-columbia-ln

English Classes

Alpine School District Adult Education

We offer adult ELL (English Language Learners) classes for all levels.

Orem Schedule (September-May) Classes are held on Tuesdays, Wednesdays, and Thursdays at the following times:

- 8:30 am – 11:00 am
- 12:00 pm – 2:30 pm
- 6:00 pm – 8:30 pm

To register, there is a fee of \$20 with additional book fees of between \$10-\$30, depending on your English class level.

Nursery and/or preschool available to those who qualify.

Address:

650 W 700 N (Trailers West of Orem Jr. High)
Orem, UT 84057

Phone: 801-610-8188

Website: adulted.alpineschools.org/ell

American Fork Library

English as a Second Language by American Fork Library

Provides community English as a second language (esl) classes for adults.

Classes:

Beginners M & W 6:30 – 7:30

Intermediated Conversation T & TH 6:30 – 7:30pm

Address:

64 S 100 E
American Fork, UT 84003

Phone: 801-763-3070

City of Provo English Classes

Adult English Language Acquisition Program - Students receive classroom instruction in speaking, listening, reading, and writing complete sentences. The program helps students understand American culture and improve language skills for work, school and community life.

Location: Dixon Middle School, 750 W 200 N, Provo, UT 84601 Main entrance is located on the north side of the building near the tennis courts (backside). Look for posted signs or view a photo of the entrance on our Facebook page.

Class Schedule

Morning classes: Tuesday–Thursday

Evening classes: Monday–Thursday

No childcare provided.

Address:

750 W 200 N
Provo, UT 84601

Phone: 801-374-4904

Website: provo.edu/provo-adult-education/adult-english-language-acquisition-program

English Connect

Classes are Free. Each Sunday at 7pm – Bonneville 7th Ward, 85 S. 900 E. Level 1 and Level 2.

Address:

85 S. 900 E
Provo, UT 84602

Website: www.englishconnect.org

My Hometown

My Hometown is provided by the city of Provo and Church of Jesus Christ of Latter-day Saints, Classes are free.

Beginning English - Learn to speak basic English

Tues. - Thurs
7pm - 8:30pm

Intermediate English - Learn to speak more advanced English

Tues. - Thurs
7pm - 8:30pm

Website: www.myhometownut.com/utah/provo

Utah Provo Mission

There are various classes and locations. Call for more information.

Phone: 801-377-1490

Utah Valley Refugees

Our mission is to assist refugees in their quest to become self-reliant. At Utah Valley Refugees, we strive to empower and uplift refugees in our community. We provide essential resources, support, and advocacy to help them rebuild their lives and integrate successfully. Join us by helping Utah County become a welcoming refuge for our new friends.

Classes are Free and always open. There are 3 levels of English classes:

- Level 1 (Beginning English) Mon. 6 - 7pm, Wed. & Fri. 10 – 11 am
- Level 2 & 3 Mon. & Tues. 7 - 9pm, Sat 11 – 12 am

Address:

125 E 300 S, Ste 205
Provo, UT 84606

Phone: 801-850-6013

Website: utahvalleyrefugees.org

Family Helps

Family Haven

Family Haven (Utah Valley Family Support Center, Inc.) is a private, nonprofit organization established in July 1984 with the primary purpose of preventing and treating child abuse.

Our Mission

To build a community of healthy, happy individuals and families through education and the prevention and treatment of child abuse, trauma and other personal and family concerns.

Address:

Joy A. O'Banion Building
1255 N 1200 W
Orem, UT 84057

Phone: 801-229-1181

Fax: 801-229-2787

Email: info@family-haven.org

Website: family-haven.org

Food Assistance

Funeral Arrangements

Health Insurance - Getting Help

Healthcare For Adults

HEAT Program (Utah County)

Home Repair

Homelessness

Housing

Immigration

Legal

Low Income Housing

Maternity

Maternity

Medical

Medical

Mental Health

Mental Health And Medical

Missionary Help

New Baby Care

Refugees And Recent Immigrants

Resources – General Community Resources

Small Business Development

Social Security Administration

Special Needs

Taxes

Veterans Assistance

Vision

Weatherization Assistance

WIC Program (Women, Infants & Children)
