

Vision

Vision - Adults

Fourth Street Clinic

Fourth Street Clinic helps individuals experiencing homelessness improve their health and quality of life by providing high-quality integrated health care.

For many homeless Utahns, Fourth Street Clinic is their first and only chance at a diagnosis and on-going treatment. By increasing homeless Utahns access to primary care, Fourth Street Clinic is a major partner in ending homelessness, promoting community health, and achieving across-the-board health care savings.

Address:

409 West 400 South
Salt Lake City, Utah

Phone: 801-364-0058

Email: info@fourthstreetclinic.org

Website: www.fourthstreetclinic.org

Social media: [Facebook](#) [YouTube](#)

Friends for Sight Vision Clinics

The Friends for Sight Vision Clinics are in the **Glendale-Mountain View Community Learning Center** (1388 Navajo Steet) and **Liberty Community Learning Center** (1085 South 300 East). The support these clinics provide are a tremendous asset to these often-under-served communities.

Working with volunteer Optometrists and Ophthalmologists who provide free professional eye exams for those without resources for vision exams, many students have been able to see an Eye Care Professional for the first time and receive prescription glasses at no cost. This is an incredible opportunity to be sure that the people in these Communities and surrounding areas are not only being screened, but also have an opportunity for eye exams, glasses and further care if needed.

If you have insurance, call your health plan for a list of participating providers and benefit information. Many medical insurance plans provide eye exam coverage. **Insurance is much more accessible than in the past. See the Medical Section of this Handbook on how to get insured.**

If you do not have insurance (including Medicaid) and your income is at or below 200% of the federal poverty guideline you may receive a free eye exam and/or glasses. They can also provide replacement glasses for those who have a valid prescription.

This program offers free eye exams and prescription eyeglasses to individuals who are uninsured and low income. **Eligibility is as follows for individuals who are:**

- Age of 3 to 100 years old
- Have NO insurance, including *Medicare & Medicaid
- Have a household income of under 200% of Federal Poverty Level
- Have proof of need for vision services (have a medical need such as diabetes, etc., referred by a physician, failed vision screening, or have a copy of their last eye exam or eyeglass prescription) and have not had an eye exam in the last 12 months.

Eligible individuals must complete an application at vision@friendsforsight.org

*Individuals who have Medicaid, Medicare or ANY medical insurance need to go through their insurance for their eye exams as eye exams are a covered benefit with all insurance providers. Medicaid will also cover 1 pair of prescription eyeglasses for enrollees 18 & under, but they do not cover glasses for adults, which they have a program to assist. For prescription eyeglass assistance, a completed application must be submitted at [friendsforsight.org](mailto:vision@friendsforsight.org) & a copy of their valid prescription is required & emailed to vision@friendsforsight.org.

Please note:

- *Because this organization is 100% non-profit, all the programs are through donations/volunteers. Clinics are scheduled when a local eye doctor is available to volunteer their time for free, therefore clinic dates/times are limited (typically 1 or 2 days a month only).*
- *Their donor optical lab can offer standard lenses only; they do not have specialty options such as anti-glare, blue light, tints/transition lenses, sunglasses nor progressive/no-line bifocals. They can make a bifocal; however, it must be a lined bifocal only for reading.*
- *All prescription eyeglasses are ordered through a donor optical lab located out of state; anticipated turnaround time is 3-4 weeks.*

Phone: 801-524-2020 ext. 103

Website: vision@friendsforsight.org

Mid Valley Health Clinic

Address:

6446 South Harrison Street
Midvale, UT 84047

Phone: 801-417-0131

Senior Charity Care

Senior Charity Care offers eye exams and glasses. Our expert eye doctors will find your perfect prescription, or you can bring your recent prescription to the clinic.

They offer eye exams and glasses. Their doctors can prescribe or you can bring your recent prescription to the clinic. This service is for those 55+ and those living at or below 200% Federal Poverty Level.

Address:

721 North Main Street #106
Layton, UT 84041

Phone: 801-515 0480

Website: www.seniorcharitycare.org/vision

Social media: [Facebook](#)

Utah Partners for Health - Vision**Best Care**

Your vision is your gateway to the world. Together we can get you glasses to help you see and make sure your eyes are in good health for your future.

Best Prices

UPFH Vision is not a free clinic, but we're the best and we're the cheapest. Does the cost of vision care get you down? We can help you save money on your office visit payments or insurance deductible if you provide income verification. This means you have to show us proof of what you earn. Online option coming soon.

Locations:

Allience Community
5286 Commerce Dr A136
Murray UT 84107

Liberty Elementary
1085 S Roberta St
Salt Lake City UT 84111

Phone: 801-417-0131

Fax: 855-383-3431

Email: info@upfh.org

Website: www.upfh.org/vision

West Jordan Clinic**Address:**

9103 South 1300 West Suite 102
West Jordan, UT 84081

Phone: 801-417-0131

Vision - Adults & Children**Friends for Sight****Need Free Glasses?**

Go to their website and fill out the application form: <https://friendsforsight.my.site.com/s/apply-for-assistance>

Friends for Sight offers free exams and glasses to those who qualify.

Two locations in Salt Lake:

- 970 Emery St.
- 7615 So. 1300 E. #250

After the application is submitted on the website, they will send an email or text message with available dates and to know when and where to go for the free eye exam. Click on the open date that works best. They can also provide replacement glasses for those who have a valid prescription.

Show up on time for the exam. After the exam, free frames for your glasses can be selected. They will let you know when the glasses are ready. It usually takes 2 to 3 weeks and then the glasses can be picked up at the same location.

Free Screenings for Childhood Vision Disorders

Friends for Sight's vision screenings are an effective, low-cost method for assessing vision disorders such as Amblyopia, Strabismus, and refractive errors. These issues affect all aspects of young lives, negatively impacting a child's ability to learn, play, and develop. In the last year, Friends for Sight screened over 39,000 children and youth in 293 different locations, including public and private schools, community events and health fairs.

Screenings for Adult Vision Disorders

Glaucoma is a prevalent and preventable eye disease that causes blindness primarily in adults. With a simple test to measure eye pressure, screening participants can be alerted to this potential problem. Each year, Friends for Sight staff and volunteers screen over 6,000 adults for visual acuity and eye pressure abnormalities.

Discount Clinics

- **Eye Care 4 Kids** - <https://eyecare4kids.org/glasses-on> - 6911 So. State St. Midvale – 801-255-8525. Professional care to low-income, visually impaired children and underserved families. Monday – Thursday 8:00 am – 5:00 pm and Friday 8:00 am – 12:00 pm
- **Senior Charity Care** - <https://www.seniorcharitycare.org/vision> Senior Charity Care offers eye exams and glasses. Our expert eye doctors will find your perfect prescription, or you can bring your recent prescription to the clinic. Prices depend on your annual income, and will be quoted before your appointment.
- **Utah Partners for Health** – Several Locations - <https://www.upfh.org/family-income> Best Prices. UPFH Vision is not a free clinic, but we're the best and we're the cheapest.

Address:

970 Emery St.
Salt Lake City, Utah 84111

Website: friendsforsight.my.site.com/s/apply-for-assistance

Vision - Children

Eye Care for Kids Foundation

Address:

6911 South State Street
Midvale, Utah 84047

Phone: 801-255-8525

Email: www.eyecare4kids.org

SightFest

SightFest – a program done through local school districts. Contact K-12 school nurse to apply . (Programs are done in the FALL)

Working with local school districts, SightFest Outreach events will provide free eye exams and glasses to qualified, low-income children.

K – 12 Salt Lake County School Districts

Canyons School District <https://www.canyonsdistrict.org>

Granite School District <https://www.graniteschools.org>

They provide screenings in the Fall months. They will help and work with Redwood Eye Care and the National Association of School Nurses.

Jordan School District <https://jordandistrict.org>

Contact their nursing services

Murray School District <https://www.murrayschools.org>

The school district provides eyeglasses for many of its students who can't afford them.

Salt Lake City School District <https://www.slcschools.org>

– Departments and Service – Health Services

Tooele School District – <https://www.tooeleschools.org>
